



# Compass

Compass has been meeting monthly in Boston since 1999. In 2025 we are still going strong!

## Is Compass for you?

Compass is for anyone who was assigned female at birth and feels that that is not a complete or accurate description of their gender. We're not the gender police; if you feel that you belong here, you belong here.

Whether you want to transition or not, whether you're out or not, whatever stage you're at in your journey, and whatever label you use or if you don't use one, Compass is a place to share your personal experiences and explore questions of identity with others on similar paths.

## What we offer:

We aim to maintain a safe and confidential space. Compass is a peer-led support group and is not meant to be a replacement for therapy — but it is a place to listen and be listened to! We are all here because we need something: an end to isolation, a sense of belonging, emotional support, friends and laughter, as well as information and other resources.

Our pre-planned discussion topics are flexible depending on the needs of the people who show up (check the website for past and future meeting topics). It is completely free to attend. We also have a low-volume email discussion list and Discord server that you can join once you've attended a meeting.

**Compass meets on the first Thursday of every month from 7-9 pm in Boston (for safety and privacy we don't publicize the location)**

For more information: <http://compassftm.org/>

or email us at [info@compassftm.org](mailto:info@compassftm.org)